

#TrekFest

THE UK'S ULTIMATE TREKKING
CHALLENGE

TrekFest 2017

THE BEACONS

3 - 4 JUNE 2017

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THE PEAKS

2 - 3 SEPTEMBER 2017

01244 676 454

www.trekfest.org.uk

CHOOSE YOUR LOCATION.
CHOOSE YOUR DISTANCE.
CHOOSE YOUR CHARITY!



Location: Brecon Beacons National Park,
South Wales

Distance: 25km or 50km



Location: Peak District National Park,
Hope Valley, Derbyshire

Distance: 25km or 50km



THE CHALLENGE

TrekFest is the UK's ultimate trekking challenge – an epic trek across either the Brecon Beacons, South Wales or the Peak District, Derbyshire. The challenge is simple - complete your chosen distance whilst raising money to support the charity of your choice.

Taking on TrekFest is by no means a walk in the park. It's tough and will challenge you both physically and mentally, pushing you beyond your limits but with the right training and preparation it is achievable - as thousands of trekkers over the last four years will testify!

TrekFesters tell us it's truly life changing and proves that anything is possible. The sense of achievement you'll feel crossing the finish line is indescribable.



Taking Part

Whether you're a solo trekker or taking part as a team with friends, family or work colleagues - the TrekFest crew will be supporting you every step of the way.

If you are signing up as a team please note all team members must register on the same course distance, but you can choose to either fundraise for the team's preferred charity or your own individual choice.

The TrekFest Village

All routes start and finish at the 'TrekFest Village', where there are plenty of facilities available throughout the weekend – toilets, showers, camping plots, car parking, food and drink.

Why not join us for a delicious BBQ and a drink at the TrekFest bar on the Friday evening before the event gets underway the next day? Bring your friends and family along for support and make a weekend of it!





" Just wanted to thank the team for an awesome experience during TrekFest! It was one of the hardest, most emotional, most enduring and biggest character building thing I have ever done. I am sore today but it's a pain I know was worth it. I can't wait for the next one! "

Leanne Stokes, TrekFest conqueror

THE ROUTES...

Please visit our website
www.trekfest.org.uk
to explore the routes in full

THE BEACONS

Discover picturesque scenery, stunning hills and tranquil reservoirs as you trek through the Brecon Beacons National Park, that runs through the centre of South Wales. On both the 25km and 50km routes you'll summit one of the highest peaks in the Beacons, Pen Y Fan (886m), to witness beautiful views stretching as far as the eye can see.



“ Not only did it feel really well organised but it felt personal as well, more so than any other large scale events I have done. ”

Claudia Ginsburg, TrekFest conqueror





THE PEAKS

Explore one of Britain's most inspiring National Parks, The Peak District, renowned for its impressive network of footpaths, bridleways and breath-taking views. Both routes start in the beautiful Hope Valley, the 25km route encompasses part of the beautiful Ladybower reservoir and on the 50km route you'll summit Kinder Scout.



Please visit our website
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to explore the routes in full

" Just wanted to say on behalf of myself and my colleagues, a big thank you for such a wonderful and well organised event. Yes, we all have blisters in places we never knew existed, but have all commented on the level of organisation being top class and the checkpoint facilities and food being top quality."

ISG PLC TrekFest team

WHAT'S INCLUDED?

As soon as you register for TrekFest we will be there supporting you before, during and after the event, to make sure you go the distance and cross the finish line. Organising endurance challenge events is our thing so if you have any questions or concerns just get in touch - we're here to help.

Before	During	After
<ul style="list-style-type: none">• Clothing and equipment lists• Training guide• Route information• Fundraising tips• 15% off at Cotswold Outdoors• Access to the TrekFest Facebook community• Access to the participant area on TrekFest website	<ul style="list-style-type: none">• Fully signposted route• Medical support• Route guides• Water, snacks and fruit at marshalled checkpoints• Hot meal (50km trekkers only)• Timing chips• Marshals and sweep walkers on the route• Unbeatable support from the TrekFest crew	<ul style="list-style-type: none">• Finishers medal• Hot meal• Massage• Hot showers• Celebratory drink

THE ORGANISERS – GLOBAL ADVENTURE CHALLENGES



Global Adventure Challenges are experts when it comes to organising worldwide charity challenge events. Since the year 2000 we have taken thousands of individuals on adventures all over the world, helping them to fulfil their dreams and ambitions whilst raising millions of pounds for UK registered charities.

The TrekFest crew is made up of dedicated GAC staff, and experienced mountain and challenge leaders. Our event crew will follow the walkers and work with the local mountain rescue or first aid services to ensure your continued safety throughout the challenge.



MAKE YOUR MILES COUNT

Since its launch back in 2013, thousands of individuals have taken on the TrekFest challenge and helped raise over £1 million for charities nationwide. When you take on TrekFest you help to make a real difference, so we encourage participants signing up to raise funds for charity regardless of which payment option you choose.

COSTS

You can choose from 3 payment options:

OPTION A - MINIMUM SPONSORSHIP

You pay a Registration Fee of

£45 per person (25km) / £60 per person (50km)

Then raise a minimum sponsorship
for your chosen charity of

£165 per person (25km) / £300 per person (50km)

Your chosen charity will pay the
challenge cost from your sponsorship

£50 per person (25km) / £90 per person (50km)

50% of your minimum sponsorship must be received by your
chosen charity 6 weeks prior to the challenge. The remaining
50% of sponsorship must be sent to your charity no later than 4
weeks after completion of the event.

OPTION B - SELF-FUNDING

You pay a Registration Fee of

£45 per person (25km) / £60 per person (50km)

Then pay the balance of the challenge cost 4 weeks
before the event

£50 per person (25km) / £90 per person (50km)

OPTION C - DISCOUNTED FULL PAYMENT

You pay a total discounted cost at registration of
£85 per person (25km) / £140 per person (50km)

Please note that all registration fees
are non-refundable.

The sooner you register, the sooner you can start training and fundraising.
Just head over to our website www.trekfest.org.uk to get signed up!



RUN IT INSTEAD?

New for 2017, TrailFest - the UK's ultimate trail run. TrailFest is our new sister event that operates alongside TrekFest, everything is the same - date, route, price, support and inclusions except you run/jog instead of walk. It's that simple. Setting off before the trekkers you will join like-minded runners keen to get their blood pumping as they take on the challenge ahead. It's an exhilarating run that will push you beyond your limits. With beautiful scenery from start to finish and unbeatable support from our event crew, you'll cross the finish line victorious with an amazing sense of achievement and want to do it all over again! (...once the legs recover) Register for TrailFest at www.trailfest.org.uk.



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FAQS: EVERYTHING YOU NEED TO KNOW

IS THIS CHALLENGE FOR ME?

Absolutely! The minimum age requirement is 18 years old for this challenge, though 14-17 year olds can take part with a parent or guardian. TrekFest is suitable for people of all abilities with the right training. Whether you're looking to take part as a solo trekker or as part of a team you will be amongst like-minded individuals with team spirit flying high.

HOW FIT DO I NEED TO BE?

The routes are designed to be challenging, you'll experience terrain different to what you're used to day to day and there will be different elevations en route. Health and safety is our number one priority so participation in the event is subject to completion of the medical form. A full training guide is available to download via the TrekFest website. We also run training weekends – a fantastic opportunity to meet other challengers and train together prior to the event.

DO I NEED SPECIALIST KIT?

A full kit list is available to download via the TrekFest website. It is vital you wear broken in, comfortable trekking boots on the challenge. We also suggest having a pair of trainers and maybe some trekking poles with you too. The route is fully signposted but you are required to carry an OS map as part of our safety procedures.

I'M TAKING PART AS AN INDIVIDUAL AND A BIT NERVOUS ABOUT TREKKING ON MY OWN, ANY ADVICE?

Join our TrekFest community on Facebook and get chatting to fellow TrekFesters, many of our challengers arrange to meet up on or before the challenge. There will be many other individual walkers taking part in the event who you can join and share the experience with – the camaraderie amongst our TrekFesters is second to none. The TrekFest crew will also be there supporting you along the way!

WILL THERE BE FOOD AND DRINK AVAILABLE?

Food and drink are available to buy at the TrekFest Village throughout the weekend and there is a BBQ on the Friday night before the challenge. Water and snacks are available on the trek at checkpoints and there is a hot food stop half way for the 50km trekkers only. All participants will receive a hot meal once they cross the finish line. Please note breakfast on the Saturday morning before the challenge is not included, you will have to pay for this separately. We cater for all dietary requirements providing we know in advance, just fill out the relevant section on your registration form.

CAN I BRING MY DOG?

Unfortunately no dogs are permitted on the trek or at the TrekFest Village.

WHAT SUPPORT IS THERE ON THE EVENT?

This is a fully supported event. There will be a strong support team with professional Global Adventure Challenges leaders. Sweep walkers will bring up the rear of the group and marshals carrying First Aid kits will be along the route – there is also a First Aid point at the TrekFest Village and various checkpoints on the challenge. All checkpoints are marshalled.

WHAT HAPPENS IF I GET TIRED?

There are checkpoints en route for you to rest at and there's no problem taking more rest stops if you need them – but please be conscious of the time allowed to make it to checkpoints before they close, else you may be removed from the challenge for safety reasons. If you need to pull out of the challenge you must do so at the nearest checkpoint and inform the checkpoint crew, they will arrange a transfer via a support vehicle back to the TrekFest Village.

CAN I SUPPORT ANY CHARITY?

Yes, providing we receive their authorisation that they are happy for you to do so. TrekFest is an 'Open Challenge' which means each participant and team are free to support a UK registered charity of their choice.

I'M WORRIED I WON'T RAISE THE MINIMUM SPONSORSHIP FOR THIS CHALLENGE – ANY ADVICE?

Once you have signed up you'll receive a fundraising pack from your chosen charity to help you with your fundraising, you'll also receive a few tips and ideas from us to help you on your way.

I'M INTERESTED - HOW DO I SIGN UP?

You can register online via the website www.trekfest.org.uk Places are limited and allocated on a first come first served basis. We'll send out all the relevant information to you in the lead up to the event, so be sure to check your email inbox regularly. Also your chosen charity will get in touch to discuss fundraising.



#TrekFest



/globaladventurechallenges



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TrekFest
2017

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